

HITS TRIATHLON SERIES

Hague, New York Bike Course

3 miles/12.4 miles/24.8 miles/56 miles/112 miles

revised 3.22.16



OPEN: Sunday, June 19, 2016

- Bike: 3 miles (out-n-back)
 - 1) – Exit T1, R onto 9N
 - 2) – Turn around at 1.5 miles and return on same route to T2

SPRINT: Sunday, June 19, 2016

- Bike: 12.4 miles (out-n-back)
 - 1) – Exit T1, R onto 9N
 - 2) – Turn around at 6.2 miles and return on same route to T2

OLYMPIC: Sunday, June 19, 2016

- Bike: 24.8 miles (two out-n-backs)
 - 1) – Exit T1, R onto 9N
 - 2) – Turn around at 6.2 miles and return on same route to begin second out-n-back to T2

HALF: Saturday, June 18, 2016

- Bike: 56 miles (out-n-back)
 - 1) – Exit T1, R onto 9N
 - 2) – L on State Rte 8
 - 3) – L on CR 31/Horicon Ave
 - 4) – L on CR 30/Schroom River Rd, becomes CR 10/Schroom River Rd
 - 5) – Turn around at mile 28 and return on same route to T2

FULL: Saturday, June 18, 2016

- Bike: 112 miles (two out-n-backs)
 - 1) – Exit T1, R onto 9N
 - 2) – L on State Rte 8
 - 3) – L on CR 31/Horicon Ave
 - 4) – L on CR 30/Schroom River Rd, becomes CR 10/Schroom River Rd
 - 5) – L on County Home Bridge Rd
 - 6) – L on E Schroom River Rd
 - 7) – Turn around at mile 32 and return on same route to Mile 56
 - 8) – Turn around and begin second out-n-back to T2



Course Key			
Open =	Yellow arrow	Trail =	---
Sprint =	Green arrow	Aid Station =	Water drop icon
Olympic =	Light green arrow	Medical =	Red cross icon
Half =	Teal arrow	Porta-John =	Blue person icon
Full =	Blue arrow	Mile Marker =	Blue circle with number 5