

nyc half

3.20.2011

Runners enter park at:
 - 1-3999 - 5th Ave. & 96th St.
 - 4000-10999 - 5th Ave. & 99th St.
 - 11000-14999 - 5th Ave. & 102nd St.

Start:
 - East Drive near 95th Street inside Central Park

- One complete loop in Central Park (clockwise)

- Exit Central Park at 7th Avenue, proceed south on 7th Avenue

- Turn right at 42nd Street

- Turn right on West Side Highway

- U-turn at 44th Street onto southbound lane, continue south on West Side Highway

Finish:
 - West Side Highway near Chambers Street

Post-Race Festival:
 - North Cove Marina

For updates please check www.nyrr.org. To confirm transit information, www.mta.info.



MILE 1	Mile Markers		Toilets
5K	Kilometer Markers		Medical Aid Stations
	Race Route		Baggage
	Fluid Station • Water • Gatorade • Endurance		Cheering Zone
	Gel		Entertainment

