

REXCORP long island marathon

half marathon & 10K



presented by:

Newsday
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Sam Ash Cheering Stations
Provide easy-to-access,
entertaining places to watch!

Look For The Following Bands
Performing Live at Sam Ash
Cheering Stations on Race Day:

- Chiba-Ken
- Iridesense
- Danielle Antonio
- Train Wreck
- Idle Vice
- Ready In 10
- Nassau Community College Jazz Band



Main Event
"Carbohydration"
Pasta Party
Cradle of Aviation Museum
Museum Row
Mitchel Field
Omni Bldg.
Charles Lindbergh Blvd.
Nassau Coliseum
Earle Ovington Blvd.
RexCorp Plaza

EXPO
Friday - May 5, 2006 4PM-9PM
Saturday - May 6, 2006 10AM-5PM

FINISH

START

Half Marathon Split
13.1 | 26.2

Marathon
Half Marathon
10K Race
10K Race Split

- Full Marathon Course
- Half Marathon Course (from split)
- 10K Race Course
- Mile Mark Indicators (m1, m26, m3)
- Water Stop Locations (W)
- Restrooms
- Runner Parking (P)
- Cheering Station Locations (GO!)
- Baggage Check / Claim



The Optimum "Turn by Turn" will let spectators, waiting at the finish line, watch the marathon and half marathon split and see marathon participants make the U-turn for the return to the finish live on monitors from the Optimum tent



It's Optimum, or it's not.™